

Lincoln Marsh Natural Area Teams & Ropes Course Fees

- Fees per group of 8-15 participants
- Payment is due two weeks prior to course date.
- Payments received any later are subject to a \$50 late fee.

Cancellation Policy

The Wheaton Park District reserves the right to cancel the course if staff determines the course is unsafe due to inclement weather. The client may reschedule or receive a partial refund if the program was in progress.

- The last day for a client to cancel without penalty is two weeks prior to the course date.
- Groups canceling with less than two weeks notice will be charged 25% of the total fee.
- Groups canceling with less than 24 hours notice will be charged the full amount.

• Cooperative Games (2 hrs.)	
Youth/College	\$115
• Teams Course (3 hrs.)	
Youth/College	\$170
Adult Nonprofit	\$285
• Teams Course (4 hrs.)	
Youth/College	\$210
Adult Nonprofit	\$380
Corporate	\$750
• Ropes Course (4 hrs.)	
Youth/College	\$330
Adult Nonprofit	\$490
Corporate	\$925
• Combo (6 hrs.)	
Youth/College	\$425
Adult Nonprofit	\$635
Corporate	\$1,270

Note: Travel courses require an additional fee. Please call for details.

Important!

Each participant must bring a completed Participant Waiver & Release Form in order to participate in any Teams & Ropes Course activities. **Participation will be denied if the form is not signed.** This form is available at www.lincolnmarch.org.

Brochure revised 8/09

Directions to Lincoln Marsh Teams & Ropes Course

From the East

- 88 West to Naperville Rd.
- North on Naperville Rd. to Roosevelt Rd. (Rte. 38)
- Left (W) on Roosevelt Rd. 1.5 miles to County Farm Rd.
- Right (N) on County Farm Rd. 1 mile
- Right (E) on Harrison (1st street after the railroad tracks)
- Harrison ends at the Lincoln Marsh parking lot entrance.

From the West

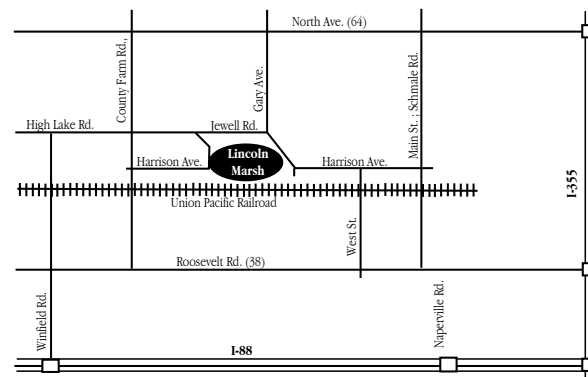
- 88 to Winfield Rd. exit.
- North 3.0 miles to Roosevelt Rd. (Rte. 38)
- East 1.2 miles to County Farm Rd.
- North 1 mile on County Farm Rd. to Harrison (1st street on right after railroad tracks)
- East on Harrison which will end at the Lincoln Marsh parking lot entrance

From the North

- 355 or 59 to North Ave. (Rte. 64)
- North Ave. to County Farm Rd.
- South on County Farm Rd. to the first street south of Jewell Rd. (Harrison)
- Left (east) on Harrison which will end at the Lincoln Marsh parking lot entrance.

From the South

- 355, 53 or 59 to Roosevelt Rd. (Rte. 38)
- Roosevelt Rd. to County Farm Rd.
- North 1 mile on County Farm Rd. to Harrison (1st street on right after the railroad tracks)
- East on Harrison which will end at the Lincoln Marsh parking lot entrance.



Lincoln Marsh Teams & Ropes Course

"Coming together is a beginning. Keeping together is process. Working together is success."

– Henry Ford

630.871.2810 • www.lincolnmarch.org



Lincoln Marsh Natural Area is a facility of the Wheaton Park District.

Lincoln Marsh Teams & Ropes Course

Program Information

The **Lincoln Marsh Teams & Ropes Course** provides opportunities for individuals to grow as a team. Each course includes a series of challenging activities that enable participants to work together to accomplish a task. Programs are held in the beautiful wooded areas of the Lincoln Marsh Natural Area.

Participants are offered an opportunity to “stretch” beyond perceived limits in an atmosphere of safety, support and respect.

Lincoln Marsh Teams & Ropes Course facilitators design a safe, fun and enriching program that targets the goals identified by each group.



Program Options

Cooperative Games is a fun program of activities that explore group communication, cooperation, and bonding.

- 2 hours
- Grade 4-Adult
- Maximum 60 participants*

Teams Courses enable group development through low course initiatives. Participants begin with icebreakers, move into problem solving, and work toward trust. After a challenge is completed, facilitators provide opportunities for reflection and discussion.

- 3 or 4 hours
- Grade 5-Adult
- Maximum 60 participants*

Ropes Courses develop partner and personal growth. Participants review and practice with safety equipment before ascending the 25 foot course. Participants are challenged with eight different elements to accomplish.

- 4 hours
- Grade 7-Adult
- Maximum 15 participants

Combo Courses utilize both the Teams and Ropes Courses. The 6 hour program begins with a Teams Course in the morning. Participants have a half hour lunch break and then complete the Ropes Course for the second half.

- 6 hours
- Grade 7-Adult
- Maximum 30 participants*

*Participants are broken into groups of 8 to 15.



Additional Program Options

Travel Courses bring the Teams Course to you! All we need is a large meeting space (indoor/outdoor), and we will customize a program to meet your needs. Let us help you work toward becoming a better team.

- 3 or 4 hours
- Grade 5-Adult
- Maximum 60 participants*

Custom Programs can be combined with the Teams Course or Cooperative Games. Activities include

- Geocaching
- Nature
- Orienteering
- Snowshoeing

Scout Programs are also available for Cub and Girl Scouts.

What benefits does the Teams & Ropes Course provide?

- Increase communication
- Refine listening skills
- Bond as a team
- Enhance creative thinking
- Step out of comfort zones
- Balance leader/listener responsibilities
- Break down barriers between cliques
- Overcome interpersonal obstacles
- Develop trust
- Have fun!