

Lincoln Marsh Natural Area Teams Ropes Course Fees

- Fees per group of 8-15 participants
- Payment is due two weeks prior to course date.
- Payments received any later are subject to a \$50 late fee.

• Teams Course (3 hrs.)	Adult Nonprofit	\$285
• Teams Course (4 hrs.)	Adult Nonprofit	\$380
	Corporate	\$750
• Ropes Course (4 hrs.)	Adult Nonprofit	\$490
	Corporate	\$925
• Combo (6 hrs.)	Adult Nonprofit	\$635
	Corporate	\$1,270

Cancellation Policy

The Wheaton Park District reserves the right to cancel the course if staff determines the course is unsafe due to inclement weather. The client may reschedule or receive a partial refund if the program was in progress.

- The last day for a client to cancel without penalty is two weeks prior to the course date.
- Groups canceling with less than two weeks notice will be charged 25% of the total fee.
- Groups canceling with less than 24 hours notice will be charged the full amount.



Note: Travel courses require an additional fee. Please call for details.

Important!

Each participant must bring a completed Participant Waiver & Release Form in order to participate in any Teams & Ropes Course activities. **Participation will be denied if the form is not signed.** This form is available at www.lincolnmarch.org.

Direction to Lincoln Marsh Teams & Ropes Course

From the East

- 88 West to Naperville Rd.
- North on Naperville Rd. to Roosevelt Rd. (Rte. 38)
- Left (W) on Roosevelt Rd. 1.5 miles to County Farm Rd.
- Right (N) on County Farm Rd. 1 mile
- Right (E) on Harrison (1st street after the railroad tracks)
- Harrison ends at the Lincoln Marsh parking lot entrance.

From the West

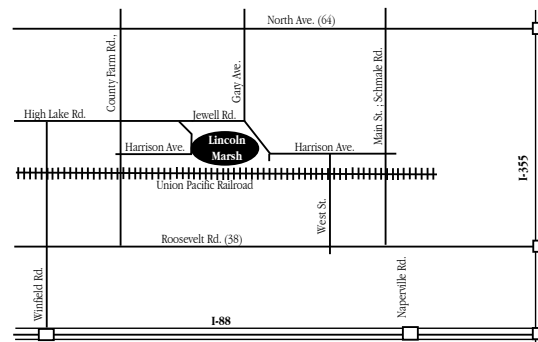
- 88 to Winfield Rd. exit.
- North 3.0 miles to Roosevelt Rd. (Rte. 38)
- East 1.2 miles to County Farm Rd.
- North 1 mile on County Farm Rd. to Harrison (1st street on right after railroad tracks)
- East on Harrison which will end at the Lincoln Marsh parking lot entrance

From the North

- 355 or 59 to North Ave. (Rte. 64)
- North Ave. to County Farm Rd.
- South on County Farm Rd. to the first street south of Jewell Rd. (Harrison)
- Left (east) on Harrison which will end at the Lincoln Marsh parking lot entrance.

From the South

- 355, 53 or 59 to Roosevelt Rd. (Rte. 38)
- Roosevelt Rd. to County Farm Rd.
- North 1 mile on County Farm Rd. to Harrison (1st street on right after the railroad tracks)
- East on Harrison which will end at the Lincoln Marsh parking lot entrance.



www.lincolnmarch.org • 630.871.2810

The Lincoln Marsh Teams & Ropes Course



for Professional Development

“Teamwork is the fuel that allows common people to attain uncommon results.”

– Unknown



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Lincoln Marsh Natural Area is a facility of the Wheaton Park District.



The **Lincoln Marsh Teams & Ropes Course** is tucked into wooded areas of the Lincoln Marsh Natural Area where 146 acres provide respite from the hustle and bustle of traffic and commerce. Open water marsh areas dot the landscape and are surrounded by prairies, young woodlands, and savannas.



Connection

- ▶ Bond as a team
- ▶ Overcome interpersonal obstacles
- ▶ Increase communication
- ▶ Unite departments
- ▶ Refine listening skills
- ▶ Develop trust

Teams Courses enable group development through low course initiatives. Participants begin with icebreakers, move into **problem solving**, and work toward **trust**. After a challenge is completed, facilitators provide time for **reflection** and **discussion**.

- 3 or 4 hours
- Maximum 60 participants*

Ropes Courses develop partner and personal growth. Participants review and practice with safety equipment before ascending the 25-foot course and are challenged with eight different elements. The group explores patterns of interaction in relation to personal and professional effectiveness.

- 4 hours
- Maximum 15 participants

Combo Courses utilize both the Teams and Ropes Courses. This six-hour program begins with a Teams Course in the morning. Participants have a half-hour lunch break and then complete the second half on the Ropes Course.

- 6 hours
- Maximum 30 participants*

Travel Courses bring the Teams Course to you! All we need is a large meeting space (indoor/ outdoor), and we will customize a program to meet your needs. Let us help you work toward becoming a better team.

Motivation

- ▶ Enhance creative thinking
- ▶ Attain new perspective
- ▶ Achieve goals
- ▶ Build management skills
- ▶ Have fun

*Participants are broken into groups of 8 to 15.



Challenge

- ▶ Push beyond perceived limits
- ▶ Step out of comfort zones
- ▶ Experience personal growth
- ▶ Resolve conflict