

The Wheaton Park District Swim Lesson Programs at Rice Pool & Water Park and Northside Family Aquatic Center are unique to their own facilities. The courses are comparable. For those with special needs, Rice Pool & Water Park is an accessible site for recreation, swimming and swim lesson programs.

Register for as many classes or sessions as you wish. **Please see registration instructions in the back section of this brochure.** **Swimming lessons are not made up,** nor are refunds provided due to missed lessons for inclement weather or absence. There are no class cancellations. **Instructors reserve the right to place the participant in the class best suited to his or her ability.**

Course Descriptions

Placement is based on skill, not age. Children are tested and placed in appropriate levels on the first day of class (children must be toilet trained). These descriptions apply to swimming lessons at both Northside Family Aquatic Center and Rice Pool & Water Park. In order to move to the next level, one must perform the following skills correctly:

Ages 3-5

- **Toddler I:** First time lessons
- **Toddler II:** Able to blow bubbles and put face in water
- **Toddler III:** Move with feet off of bottom, front float, back float, beginning stroke

Youth, Ages 6 & Over

- **Beginner I:** Enter water, hold breath, blow bubbles, front float and glide
- **Beginner II:** Front float, front glide, crawl stroke 20 feet (arms & kick), jump into chest-deep water
- **Beginner III:** Crawl stroke with rhythmic breathing, jump into deep water, back float with movement
- **Advanced Beginner WPD: (Must have passed Beginners)** Crawl stroke with rhythmic breathing survival float, treading water, elementary back stroke, front dive, underwater swim
- **Intermediate WPD: (Must have passed Adv. Beginners)** Review crawl and elementary backstroke, sidestroke, breaststroke, 5-minute swim.
- **Swimmer WPD: (Must have passed Intermediate)** Breaststroke, sidestroke, back crawl, review all strokes, 10-minute swim
If your child has passed any of the above swim levels, please bring swim certificate or card to the first class.

Class Ratios

- 3- to 5-year-olds: 4 swimmers to 1 instructor
- 6 years and over: 6-8 swimmers to 1 instructor
- Advanced classes may possibly have 10 to 1 ratio.



Please note...

The information within this brochure is not included in the regular summer brochure. Please retain this brochure for complete information on the park district's aquatic facilities and programs.

Full refunds for all aquatic classes will be provided if requested by the Wednesday before the first day of the program. See our refund policy on page 40.

swim lessons – rice pool & water park

Swim Lessons at Rice Pool & Water Park

You may register for as many classes or sessions as you wish. Swimming lessons are not made up, nor are refunds provided due to missed lessons for inclement weather or absence. There are no class cancellations. The instructor reserves the right to place the participant in the class best suited to his or her abilities. Child must be the appropriate age by the first class. Refunds for swim lessons are provided if requested by the Wednesday before the first day of lessons. Children must be toilet trained. (11-11:30 am – Pool closed to all swimmers)

Location: Rice Pool & Water Park

Limit: 75

Age	Ses. 1 Dates	Day	Time	R/NR Fee	Class #
3-5	6/14-6/25	M-F	8-8:30A	\$38/\$57	312201-01
3-5	6/14-6/25	M-F	8:35-9:05A	\$38/\$57	312201-02
3-5	6/14-6/25	M-F	9:10-9:40A	\$38/\$57	312201-03
3-5	6/14-6/25	M-F	9:50-10:20A	\$38/\$57	312201-04
3-5	6/14-6/25	M-F	10:30-11A	\$38/\$57	312201-05
6 & over	6/14-6/25	M-F	8-8:30A	\$38/\$57	312301-01
6 & over	6/14-6/25	M-F	8:35-9:05A	\$38/\$57	312301-02
6 & over	6/14-6/25	M-F	9:10-9:40A	\$38/\$57	312301-03
6 & over	6/14-6/25	M-F	9:50-10:20A	\$38/\$57	312301-04
6 & over	6/14-6/25	M-F	10:30-11A	\$38/\$57	312301-05

Age	Ses. 2 Dates	Day	Time	R/NR Fee	Class #
3-5	6/28-7/9	M-F	8-8:30A	\$38/\$57	312201-06
3-5	6/28-7/9	M-F	8:35-9:05A	\$38/\$57	312201-07
3-5	6/28-7/9	M-F	9:10-9:40A	\$38/\$57	312201-08
3-5	6/28-7/9	M-F	9:50-10:20A	\$38/\$57	312201-09
3-5	6/28-7/9	M-F	10:30-11A	\$38/\$57	312201-10
6 & over	6/28-7/9	M-F	8-8:30A	\$38/\$57	312301-06
6 & over	6/28-7/9	M-F	8:35-9:05A	\$38/\$57	312301-07
6 & over	6/28-7/9	M-F	9:10-9:40A	\$38/\$57	312301-08
6 & over	6/28-7/9	M-F	9:50-10:20A	\$38/\$57	312301-09
6 & over	6/28-7/9	M-F	10:30-11A	\$38/\$57	312301-10

Age	Ses. 3 Dates	Day	Time	R/NR Fee	Class #
3-5	7/12-7/23	M-F	8-8:30A	\$38/\$57	312201-11
3-5	7/12-7/23	M-F	8:35-9:05A	\$38/\$57	312201-12
3-5	7/12-7/23	M-F	9:10-9:40A	\$38/\$57	312201-13
3-5	7/12-7/23	M-F	9:50-10:20A	\$38/\$57	312201-14
3-5	7/12-7/23	M-F	10:30-11A	\$38/\$57	312201-15
6 & over	7/12-7/23	M-F	8-8:30A	\$38/\$57	312301-11
6 & over	7/12-7/23	M-F	8:35-9:05A	\$38/\$57	312301-12
6 & over	7/12-7/23	M-F	9:10-9:40A	\$38/\$57	312301-13
6 & over	7/12-7/23	M-F	9:50-10:20A	\$38/\$57	312301-14
6 & over	7/12-7/23	M-F	10:30-11A	\$38/\$57	312301-15

Age	Ses. 4 Dates	Day	Time	R/NR Fee	Class #
3-5	7/26-8/6	M-F	8-8:30A	\$38/\$57	312201-16
3-5	7/26-8/6	M-F	8:35-9:05A	\$38/\$57	312201-17
3-5	7/26-8/6	M-F	9:10-9:40A	\$38/\$57	312201-18
3-5	7/26-8/6	M-F	9:50-10:20A	\$38/\$57	312201-19
3-5	7/26-8/6	M-F	10:30-11A	\$38/\$57	312201-20
6 & over	7/26-8/6	M-F	8-8:30A	\$38/\$57	312301-16
6 & over	7/26-8/6	M-F	8:35-9:05A	\$38/\$57	312301-17
6 & over	7/26-8/6	M-F	9:10-9:40A	\$38/\$57	312301-18
6 & over	7/26-8/6	M-F	9:50-10:20A	\$38/\$57	312301-19
6 & over	7/26-8/6	M-F	10:30-11A	\$38/\$57	312301-20



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swim lessons ~ northside family aquatic center

Swim Lessons at Northside Family Aquatic Center

You may register for as many classes or sessions as you wish. Swimming lessons are not made up, nor are refunds provided due to missed lessons because of inclement weather or absence. There are no class cancellations. Please note: The instructor reserves the right to place the participant in the class best suited to his or her ability. Child must be the appropriate age by the first class. Children must be toilet trained. Refunds for swim lessons are provided if requested by the Wednesday before the first day of lessons. See our new refund policy <http://www.wheatonparkdistrict.com/pgs/regist/guarantee.html>. **Note:** 11:30 am-Noon -- Pool closed to all swimmers. No one is permitted on deck until Noon. Express Sessions (Sessions IV & V): Fit your vacation and swim lessons in before the season ends! Fine tune your swim skills in a shortened one-week session.

Location: Northside Family Aquatic Center

Limit: 20

Age	Ses. 1 Dates	Day	Time	R/NR Fee	Class #	Age	Ses. 4 Dates*	Day	Time	R/NR Fee	Class #
3-5	6/14-6/25	M-F	8:20-8:50A	\$38/\$57	312202-01	3-5	7/26-7/30	M-F	8:20-8:50A	\$19/\$29	312202-16
3-5	6/14-6/25	M-F	9-9:30A	\$38/\$57	312202-02	3-5	7/26-7/30	M-F	9-9:30A	\$19/\$29	312202-17
3-5	6/14-6/25	M-F	9:40-10:10A	\$38/\$57	312202-03	3-5	7/26-7/30	M-F	9:40-10:10A	\$19/\$29	312202-18
3-5	6/14-6/25	M-F	10:20-10:50A	\$38/\$57	312202-04	3-5	7/26-7/30	M-F	10:20-10:50A	\$19/\$29	312202-19
3-5	6/14-6/25	M-F	11-11:30A	\$38/\$57	312202-05	3-5	7/26-7/30	M-F	11-11:30A	\$19/\$29	312202-20
6 & over	6/14-6/25	M-F	8:20-8:50A	\$38/\$57	312302-01	6 & over	7/26-7/30	M-F	8:20-8:50A	\$19/\$29	312302-16
6 & over	6/14-6/25	M-F	9-9:30A	\$38/\$57	312302-02	6 & over	7/26-7/30	M-F	9-9:30A	\$19/\$29	312302-17
6 & over	6/14-6/25	M-F	9:40-10:10A	\$38/\$57	312302-03	6 & over	7/26-7/30	M-F	9:40-10:10A	\$19/\$29	312302-18
6 & over	6/14-6/25	M-F	10:20-10:50A	\$38/\$57	312302-04	6 & over	7/26-7/30	M-F	10:20-10:50A	\$19/\$29	312302-19
6 & over	6/14-6/25	M-F	11-11:30A	\$38/\$57	312302-05	6 & over	7/26-7/30	M-F	11-11:30A	\$19/\$29	312302-20

Age	Ses. 2 Dates	Day	Time	R/NR Fee	Class #	Age	Ses. 5 Dates*	Day	Time	R/NR Fee	Class #
3-5	6/28-7/9	M-F	8:20-8:50A	\$38/\$57	312202-06	3-5	8/2-8/6	M-F	8:20-8:50A	\$19/\$29	312202-21
3-5	6/28-7/9	M-F	9-9:30A	\$38/\$57	312202-07	3-5	8/2-8/6	M-F	9-9:30A	\$19/\$29	312202-22
3-5	6/28-7/9	M-F	9:40-10:10A	\$38/\$57	312202-08	3-5	8/2-8/6	M-F	9:40-10:10A	\$19/\$29	312202-23
3-5	6/28-7/9	M-F	10:20-10:50A	\$38/\$57	312202-09	3-5	8/2-8/6	M-F	10:20-10:50A	\$19/\$29	312202-24
3-5	6/28-7/9	M-F	11-11:30A	\$38/\$57	312202-10	3-5	8/2-8/6	M-F	11-11:30A	\$19/\$29	312202-25
6 & over	6/28-7/9	M-F	8:20-8:50A	\$38/\$57	312302-06	6 & over	8/2-8/6	M-F	8:20-8:50A	\$19/\$29	312302-21
6 & over	6/28-7/9	M-F	9-9:30A	\$38/\$57	312302-07	6 & over	8/2-8/6	M-F	9-9:30A	\$19/\$29	312302-22
6 & over	6/28-7/9	M-F	9:40-10:10A	\$38/\$57	312302-08	6 & over	8/2-8/6	M-F	9:40-10:10A	\$19/\$29	312302-23
6 & over	6/28-7/9	M-F	10:20-10:50A	\$38/\$57	312302-09	6 & over	8/2-8/6	M-F	10:20-10:50A	\$19/\$29	312302-24
6 & over	6/28-7/9	M-F	11-11:30A	\$38/\$57	312302-10	6 & over	8/2-8/6	M-F	11-11:30A	\$19/\$29	312302-25

Age	Ses. 3 Dates	Day	Time	R/NR Fee	Class #
3-5	7/12-7/23	M-F	8:20-8:50A	\$38/\$57	312202-11
3-5	7/12-7/23	M-F	9-9:30A	\$38/\$57	312202-12
3-5	7/12-7/23	M-F	9:40-10:10A	\$38/\$57	312202-13
3-5	7/12-7/23	M-F	10:20-10:50A	\$38/\$57	312202-14
3-5	7/12-7/23	M-F	11-11:30A	\$38/\$57	312202-15
6 & over	7/12-7/23	M-F	8:20-8:50A	\$38/\$57	312302-11
6 & over	7/12-7/23	M-F	9-9:30A	\$38/\$57	312302-12
6 & over	7/12-7/23	M-F	9:40-10:10A	\$38/\$57	312302-13
6 & over	7/12-7/23	M-F	10:20-10:50A	\$38/\$57	312302-14
6 & over	7/12-7/23	M-F	11-11:30A	\$38/\$57	312302-15

***Express Sessions: Session 4 (July 26-30 and Session 5 (Aug. 2-6)**

Fit your vacation and swim lessons in before the season ends! Fine tune your skills in a shortened one-week session. See the information in the



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